



®

®

# All About Restarts Entry Referee Training





# All About Restarts



## When is the Ball “Out-of-Play”?

1) ... When the ball leaves the field (Over the Goal-Line or Touch-Line)

**AND**

2) ... When the Referee stops play (Anytime Referee blows the whistle)



# All About Restarts



## Restart of Play is the Result of the Ball Being “Out-of-Play”

**Restarts based on the ball leaving the field:**

**KO, TI, GK, CK**

**Restarts based on the Referee stopping play:**

**DB, IFK, DFK, PK**



# All About Restarts



## Restarts

- 1) are an integral and necessary part of the game**
- 2) cannot be avoided, i.e. once the game is stopped the only way to continue is to restart it one way or another**
- 3) can effect the momentum of the game**
- 4) often result in goals being scored**
- 5) can adversely effect the result of a game when applied incorrectly**



# All About Restarts



## Important for Referee to Restart Play Correctly

- Type of Restart
- Which Team Restarts
- Location of Restart
- Location of Players
- Restart Requirements

**All have a direct effect on how well the game will proceed**



# All About Restarts



## Why is important to get the Restart right?

- An incorrect restart can be a serious breach of the Laws of the Game.
- Such breaches of the Laws are the major reason matches are protested and upheld.
- If a referee does not apply the Restart Laws correctly, then he is at fault and any protest will likely be upheld.

**Therefore – it's extremely important that Referees completely understand and apply the Restart Laws correctly**



# All About Restarts



## The Eight (8) Soccer Restarts

1. **Kick-Off (KO) – Law 8**
2. **Dropped Ball (DB) – Law 8**
3. **Direct Free Kick (DFK) – Law 13**
4. **Indirect Free Kick (IFK) – Law 13**
5. **Penalty Kick (PK) – Law 14**
6. **Throw-In (TI) – Law 15**
7. **Goal Kick (GK) – Law 16**
8. **Corner Kick (CK) – Law 17**



# All About Restarts



## The Eight (8) Common Elements Associated with all Soccer Restarts

1. Reason for the restart?
2. Where is the restart taken?
3. Who performs the restart? (team or player)
4. When is the ball in play?
5. Does second-touch rule apply?
6. Can a goal be scored directly (first touch) from restart?
7. Restrictions on players?
8. Punishment for improper restart?





# Restarts - Common Elements



## 1) Reason for the Restart?

### Because the ball left the field-of play

KO – ball went over the goal line into the goal

TI – ball went over the touch-line

GK – ball went over the goal line, last touched by defending team

CK – ball went over the goal line, last touched by attacking team

### Because the Referee stopped play

DB – action stopped thru no fault of any players

DFK – a DFK foul committed by a player on the field

IFK – a non-DFK foul or infraction committed by a player

PK – a DFK foul committed by a defending player in the  
Penalty Area



# Restarts - Common Elements



## 2) Where is Restart Taken?

KO – ball placed at the Center Mark

TI – throw-in taken at point where the ball left the field

GK – ball placed anywhere in the Goal Area

CK – from the corner arc on side of field where ball went over the goal line

DB – ball dropped at location where the ball was when play was stopped

DFK – kick taken from spot of the DFK foul

IFK – kick taken at the spot of the infraction or at the location of the ball when infraction occurs off the field

PK – ball placed at the Penalty Mark



# Restarts - Common Elements



## 3) Who Performs the Restart?

KO – team against whom the goal was scored

TI – opponent of team who last touched the ball

GK – any player on the defending team

CK – any player on the attacking team

DB – the referee

DFK – any player on the team that was fouled

IFK – any player on the opposing team that committed the infraction

PK – any player on the team that was fouled



# Restarts - Common Elements



## 4) When is the Ball In Play?

KO – when it is kicked and moves forward

TI – after the ball is released and any portion of the ball enters the field of play in the air

GK – when it is kicked and leaves the Penalty Area

CK – when it is kicked and moves

DB – when the ball touches the ground

DFK – when it is kicked and moves (or leaves the Penalty Area when taken by the defending team)

IFK – when it is kicked and moves (or leaves the Penalty Area when taken by the defending team)

PK – when it is kicked and moves forward



# Restarts - Common Elements



## 5) Does the Second Touch Rule Apply?

KO – Yes

TI – Yes

GK – Yes, but only after the ball has left the Penalty Area and is in play

CK – Yes

DB – Not applicable

DFK – Yes (but only the ball has left the Penalty Area if kick is taken from within the Penalty Area by the defending team)

IFK – Yes (but only the ball has left the Penalty Area if kick is taken from within the Penalty Area by the defending team)

PK – Yes

After the ball is “in-play” the player taking the kick or throw-in may not touch the ball again until it has been touched by another player (on either team). If a second touch occurs, it is an IFK infraction at the spot of the second touch.



# Restarts - Common Elements



## 6) Can a Goal be Scored Directly (First Touch)?

KO – Yes

TI – No, a second touch by any player (either team) must occur before a goal can be allowed

GK – Yes

CK – Yes

DB – No, a second touch by any player including the player making the first touch must occur before a goal can be allowed

DFK – Yes

IFK – No, a second touch by any player (either team) must occur before a goal can be allowed

PK – Yes



# Restarts - Common Elements



## 7) Restrictions on Players?

KO – opposing players must be outside the Center Circle

TI – opposing players must be at least two-yards away from spot of the throw-in

GK – opposing players must be outside the Penalty Area

CK – opposing players must be at least ten-yards away from corner arc

DB – No restrictions

DFK – opposing players must be at least ten-yards away (and outside the Penalty Area if kick is taken from within the Penalty Area by the defending team)

IFK – opposing players must be at least ten-yards away (and outside the Penalty Area if kick is taken from within the Penalty Area by the defending team)

PK – All players, except kicker and goalkeeper must be outside the Penalty Area and Penalty Arc and must be behind the ball.



# Restarts - Common Elements



## 8) Punishment for Improper Restart?

KO – retake the Kick-Off (ball not kicked forward, encroachment by opponents)

TI – Throw-In for the opposing team (improper throw-in mechanics)

GK – retake the Goal Kick (ball fails to leave the Penalty Area)

CK – retake the Corner Kick (ball not placed in corner arc, encroachment by opponents)

DB – redo dropped ball (ball touched before hitting the ground)

DFK – retake the DFK (improper location, encroachment by opponents)

IFK – retake the IFK (improper location, encroachment by opponents)

PK – retake the Penalty Kick for infraction committed by opponents

IFK for opponents if infraction committed by kicking team





# All About Restarts



## Restart Expectations

Restarts as a result of the ball leaving the field will be numerous, and as such will quickly become second nature to you due to the repetitive similarities of each these restarts.

**Throw-Ins, Goal Kicks, Corner Kicks**

**Kick-Offs** will not occur as often, but they will occur at least twice in each game.



# All About Restarts



## Restart Expectations

**DFK and IFK** restarts are also likely to occur on multiple occasions during each game and each such restart will present different challenges to your ability to successfully officiate a match.

**Dropped Balls** will occur, but typically few and far between in a game, if at all.

**Penalty Kick** restarts will be rare, typically less than a handful during the course of a season. Criteria will be harder to remember, since it will not be an every game occurrence



# All About Restarts



## Important Points:

**All restarts require a signal by the Referee to be valid (whether the signal is a whistle or a hand gesture)**

**All restart restrictions on players remain in effect until the ball is actually back “in play”!**



# All About Restarts



## Remember

That, as an official, you must and are expected to completely understand the Restart Laws and implement them correctly at all times to the best of your ability.